

CAMHS Parent Support Training

Session title	Date	Time
Supporting Children who are anxious	Wednesday 7 th July 2021	9:30am - 11:15am
Emotional well-being. What is it and how can we improve it for ourselves and our children?	Tuesday 20 th July 2021	1:00pm - 2:45pm
Supporting children who are anxious	Tuesday 28 th September 2021	9:30am – 11:15am

Register your interest at: tewv.countydurhamcamhstraining@nhs.net