

September 2021-2022

WEEK 1

Meal Deal £ 2.35

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| <u>Main Dish</u> | Mexican Enchiladas | Mince beef Cobbler | Topside Beef & Yorkshire pudding | Tandoori chicken Masala | Liver & Bacon Casserole |
| <u>Vegetarian Dish</u> | ** Quorn Enchiladas | ** Vegetable Korma | ** Quorn Toad in the Hole | ** Roasted Red Pepper and Cheese Tart | ** Tuna Pasta Bake |
| <u>Alternative</u> | Campfire stew | Chicken Korma | Italian chicken bake | Bacon & Sweet potato stew | Battered Cod & Chips |
| <u>Grab & Go</u> | <i>Cheese & Tomato Pizza</i> | <i>Chicken Fajita wrap</i> | <i>Chicken Noodle pot</i> | <i>Chicken Tikka & Rice</i> | <i>Chips</i> |
| <u>Side Dishes</u> | <i>Selection of Vegetables New potatoes Fresh mixed salad</i> | <i>Selection of Vegetables Sauté sliced potatoes Wholemeal Rice</i> | <i>Selection of Vegetables Creamed potatoes Mushy Peas</i> | <i>Selection of Vegetables New potatoes Wholemeal Rice Fresh mixed salad</i> | <i>Selection of Vegetables Creamed potatoes/ wedges</i> |
| <u>Puddings</u> | Rice Pudding & Fruit compote | Apple Crumble & Custard, 50/50 | Cornflake Tart & Custard | Ginger sponge & Vanilla sauce | Baked Pears & Custard 50/50 |
| <u>50/50 fruit</u> | <i>Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly</i> | <i>Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly</i> | <i>Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly</i> | <i>Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly</i> | <i>Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly</i> |

Available daily: Fresh water, a variety of breads, including wholemeal. Sandwiches / Salad bar, Jacket potatoes, Pasta Pots and Paninis.

Allergy info available.