

September 2021—2022

WEEK 3

Meal Deal £2.35

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main Dish</u>	Cottage Pie **	Hunters Chicken **	Roast Turkey & stuffing **	Mince beef & Yorkshire pudding **	Pasta Bolognaise **
<u>Vegetarian Dish</u>	Butternut Squash & Lentil Curry **	Sweet Potato Tart **	Leek & potato Bake **	Quorn Mince & Yorkshire Pudding **	Fish Cakes **
<u>Alternative</u>	Omelette	Pork Steaks in Gravy	Chick Pea and Vegetable Stew	Bubble & squeak	Battered cod & chips
<u>Grab & Go</u>	Cheese & Tomato Pizza	Chicken Fajita wraps	Chicken Noodle pot	Chicken Tikka & Rice	Chips
<u>Side Dishes</u>	Selection of Vegetables. New potatoes Wholemeal rice	Selection of Vegetables. New potatoes /mash Fresh mixed salad	Selection of Vegetables. Creamed Potatoes. Mushy peas	Selection of Vegetables. Creamed Potatoes.	Selection of Vegetables Wedges /Chips
<u>Puddings</u>	Fruit Crumble & Custard 50/50	Lemon Lush & Vanilla sauce	Sticky Toffee Pudding & Custard.	Lemon Drizzle cake & Custard.	Fruit sponge & Custard. 50/50
<u>50/50 fruit</u>	Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly.	Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly.	Fresh piece of fruit. Fresh fruit pot, Yogurt, Jelly.	Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly.	Fresh piece of fruit, Fresh fruit pot, Yogurt, Jelly.

Available daily: Fresh water, a variety of breads, including wholemeal. Sandwich / Salad bar, Jacket potatoes, Pasta Pots and Paninis.

Allergy info available.