

Lesson	Key Stage 3			Key Stage 4	
	Year 7	Year 8	Year 9	Year 10	Year 11
1	How to keep good mental health? What is emotional literacy – Anger?	Safe sex - Consent	Eating disorders and body image and the media	Gender and Trans identity	Happiness and positivity
2	Family relationships and positive relationships	Safe sex - Contraception	Parenting and teen pregnancy	Hate crime	Types of relationships
3	Bullying vs Banter – Maintaining genuine friendships and avoiding toxic ones	Safe sex - STI's	Fertility and Reproduction	CPR and First Aid	Relationships and positivity
4	Cyberbullying	Dangers of pornography	Misogyny	Harassment and stalking	Bullying and body shaming
5	Body image and peer pressure	Sexting and image sharing	Abusive relationships and domestic violence	Revenge Porn	Same sex relations
6	Who are the LGBT+ community?	Peer pressure (include LGBTQAI + community)	Consent, rape and sexual harassment	Forced and arranged marriages	Safe Sex
7	Puberty, periods and hygiene	Homophobia – LGBT Discrimination	Child sexual exploitation	Sexism and gender prejudice	Consent, rape and sexual abuse